

Squash Junior Spring Break Camps

Mar 24 - 28 2008

Bethesda – 4400 Montgomery Ave, Bethesda MD 20814
Coaches – Connie Barnes, Shahid Khan, Saif Ullah
See www.aussienicksquash.com for coaches bios

Sport and Health is the leader in junior squash programming in the Washington DC area. Spring Break camps are run by top class squash professionals dedicated to teaching your child good technique and sportsmanship behavior.

First is the Fun Junior squash camp for the 7 – 12 yr old beginner – good beginner – this is a great way to introduce your child to squash – they will enjoy learning basic squash technique and playing games and participate in swimming and more!

Time: 9 – 12noon (Mon – Fri)

Cost: member cost \$50 per day or \$220 for the week (non member (\$65, \$290)

The second type of camp we offer is for novice through to nationally ranked players. The coaching staff have unique squash abilities and talent and will incorporate video analysis to help improve your child's game. Camps are held on our upgraded courts or new International courts at our clubs.

Time: 1 – 4pm

Cost: member cost \$60 per day or \$270 for the week (non member \$75, \$350)

Contact Connie Barnes, Director of Squash cbarnes@sportandhealth.com 301 807 9905

Spring Break Registration

Mar 24 - 28

Name of Child _____ Sex ____ Age ____ School _____
Name of Parent/Guardian _____ Address _____
Telephone:(H) _____ (W) _____ (C) _____
Email Student _____ Parent _____
Does your child have any medical problems? ____ If yes, please describe. _____

TICK APPROPRIATE Session:

_____Morning session _____Afternoon session

Payment –

Make checks payable to: Sport & Health. Return application to Bethesda Sport & Health, Squash Summer Camps, Attn: Connie Barnes, 4400 Montgomery Avenue, Bethesda, MD 20814

Credit card Type _____ Number _____ Exp _____

Signature _____ [Note – no cancellations after Mar 15]

RELEASE: In consideration of making facilities and services available, I do hereby for and on behalf of myself and my heirs and legal representatives, release and forever discharge Sport and Health, its owners, manager and representatives from any and all claims and demands of every kind, nature and character which I may have or may hereafter acquire for any or all damages or losses which may be suffered or sustained by me in connection with my activity and all such claims are hereby waived and released

x _____ **Parent or Guardian Signature (Required)**